

**RSU 83/M.S.A.D. #13 (Bingham, Moscow) – www.sad13.org**  
**SUMMER BREAKFAST/LUNCH MENU**  
**WEEK OF JULY 16-JULY 18, 2024**

	<i><b>BREAKFAST</b></i>	<i><b>LUNCH</b></i>
Tuesday 7/16/24	Yogurt Cup Hash Brown Fresh Fruit/Juice/Milk	Beef Stew/WG Bread Grape Tomatoes/Ranch Fruit/Milk Choice
Wednesday 7/17/24	Cereal Bagel & Cream Cheese Fresh Fruit/Juice/Milk	Redskin Hotdog on WG Bun Macaroni Salad/Baby Carrots/Ranch Fruit/Milk Choice
Thursday 7/18/24	Cheese Omelet/WG Toast Fresh Fruit Juice/Milk	Ham & Cheese on WG Bun Cucumbers/Ranch/Dried Cranberries Fruit/Milk Choice

*\*Menu subject to change without notice.  
 "M.S.A.D. #13 is a tobacco free environment."*

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: **mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or **fax:** (833) 256-1665 or (202) 690-7442; or **email:** [program.intake@usda.gov](mailto:program.intake@usda.gov)